

Introduction

Lumbini, the holy birth place of Lord Buddha and a famous pilgrimage for millions of Buddhists all over the world, is situated about 295 km west of Kathmandu. It lies below the Churia range on the western bank of Telar river in Rupandehi district of Lumbini zone in Nepal. The site is a large garden with a grove of pipal trees and many temples and shrines. Strolling around the sacred garden will give you a feeling of being free from the veil of Maya. This heavenly pleasure will inspire you to take a spiritual journey.

{magictabs}119:121:117:118:120{/magictabs}

Kathmandu Valley Trek can be organize only camping (Tented Camp). On a camping trek you will sleep in tents. The staff includes a guide, cook, Sherpa and sufficient porters to carry all trekking gear. Even if you have never camped before, there is no need to worry that you won't enjoy the experience. The tents we provide are roomy, the sleeping pads/ mattresses are comfortable and international style food of a high standard is freshly prepared and served. On all of our treks a bathroom tent is provided as well as a dining tent with tables and camp stools, providing a cozy, comfortable atmosphere to eat and chat with fellow trekkers during the evening.